

Kumaun University, Nainital

Curriculum Vitae

Name : Dr. Lata Pande
 Designation : Professor and Head
 Department : Home Science
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Educational Qualification

Degree	University	Subjects	Year
B.Sc (Home Science)	GBPUAT, Pantnagar, Uttarakhand	<ul style="list-style-type: none"> ● Food and nutrition ● Human development ● Clothing and texting ● Family and resource management ● Extension education 	1982
M.Sc (Food and Nutrition)	GBPUAT, Pantnagar, Uttarakhand	<ul style="list-style-type: none"> ● Food and Nutrition and Food Science 	1984
Ph.D	Central University, HNB, Garhwal	Home Science	2012

Work Experience (add row if required)

Position	Department	University/Organization	Year
Professor and Head	Home Science	Kumaun University, Nainital	1989 onwards

Administrative Responsibilities (add row if required)

Position	Nature of responsibility	University/Organization	Year
Convener (Home science)	Coordinator of Academic activity	Kumaun University, Nainital	1989 onward
Convener (PG self finance course)	Convener- PG self finance course	Kumaun University, Nainital	2007-2014
Academic council	Member	Kumaun University, Nainital	1989 Onward

(Member)			
University court (Member)	Member	Kumaun university	1989 onward
Warden	Guardian of residential community	K.P Girls Hostel (Kumaun University)	1997-2003
Executive Council	Member	Kumaun University	2010-2011, 2013
Convener (Ph.D Home Science)	Facilitator of academic events	Research and Development Committee	2011 onward

Research Interests

(List your research interests and areas of expertise in 1-3 lines)

Research interest : Nutritional Assessment, Dietary Intake Analysis, Food Analysis, Food processing, Assessment of Mental Health in relation to food intake, eating Behaviour pattern, Body Image.

Area of expertise: Conducting comprehensive survey in food science, analyzing the nutritive value of locally sourced foods, and promoting community health through dietary assessment. Integrating the five areas of Home science (Foods and Nutrition, Clothing and Textiles, Extension Education, Family resource Management and Human Development) for creation of innovation among current knowledge.

Publications (start from recent publications)

a) Research Papers (add row if required)

Authors name	Title of the paper	Journal, vol, page no	Year
Kamal K Pande, Bharat Pande, Lata Pande	The variation of Chemical Constituents Across Altitudes in the Himalayan Kumaon region: Exploring Nature's Wonder	<i>International Journal of Pharmacognosy and chemistry</i> , 4(3), 59-61	2023
Bharat Pande, Kamal K. Pande, Lata Pande, Chandra Prakash Tiwari	Bioactivity Diversity in Coriander Sativum: A comprehensive Review	IJFANS INTERNATIONAL JOURNAL OF FOOD AND NUTRITIONAL SCIENCE, 11	2022
Gunjan Tewari, Lata Pande, K.K. Pande	Mental Health and Nutrition: A systematic review	International Journal of Science and Research, 11(5), 1750-1754	2022
Gunjan Tewari, Lata Pande, K.K. Pande	Risk factors affecting body image: A systematic review	International Journal of Progressive Research in science and Technology, 3(5), 163-169	2022

Tarun Kumar; Kamal K.Pande;Himanshu Sharma;, Manisha Koranga; Lata Pande	HRLC-ESI-MS based separation and identification ofanthocyanins extracted from popular wild edible fruit of himalaya: Myrica Esculenta (Himalayan Burberry).	Journal of Advanced Scientific Research, 11(3) Suppl 7, 269-275	2020
Prachi Bisht Lata Pande	Impact of psychological wellbeing on physical health among the wives of Indian army personnel deployed to field areas: a correlation	Indian Journal of positive psychology, 11(1), 52-54	2020
Chhavi Arya and Lata Pande	Utilization of Health Care facilities by Pregnant Women Approaching government Hospitals in Nainital district , Uttarakhand ,	Studies on Ethno Medicine,11 (2), 193- 200	2017
Bisht Prachi and Pande Lata.	Psychological wellbeing of the spouses of deployed and nondeployed commissioned officers of Indian armed forces: A comparative study.	Asian journal of home science. 12 (127- 130)	2017
Bisht Prachi and Pande Lata	Psychological wellbeing as a correlate of physical health among the spouses of Indian armed force Personnel.	International Journal of Indian psychology. 3 (13) 165- 168	2017
Chhavi Arya, Lata Pande, Chetna Jantwal	Kale Soybean (Bhatt) ka Poshak avem Aushidhimaan,	Kisan Bharti	2016
Lata Pande, Kamal K. Pande,	Antimicrobial Activity and	Journal of Molecular Pathophysiology	2016

Ganesh Pandey, Bharat Pandey and Atul Pujari	Phytochemical Analysis of Essential Oil of Carum Carvi, an important phytofood of Indian folk medicinal plants		
Prachi Bisht, Seema Sharma, Lata Pande	Assessment of moral values among children of joint and nuclear families: A comparative study	International journal of management and social sciences research review.	2015
Kamal K Pande, Lata Pande, Anshulika Upadhyaya, Bharat Pande and Atul Pujari,	Identification and Comparison Of Volatile Constituents Of Himalayan Phytofoods: Allium auriculatum kunth and its antimicrobial activities	International Journal of life Science 4(3)	2015
Kamal K. Pande, Pankaj Sah, Lata Pande, Bharat Pande, Atul Pujari and Stuti Sah	Dynamic Headspace GC-MS Study of Essential Oil from Coriandrum Sativum L. Fruits.	Natural Products Research Bulletin,1 ,07-011	2011
Lata pande	Socio-economic wellbeing and mental health profile of Rural hill women of Uttarakhand	Published in International Geographical Union (IGU), Commission Conference Nainital , 33	2011
Kamal Kishor Pande, Lata Pande et a	Limonene Dominates the Photochemistry of Trigonella foenumgraceum in Nature	Published in Nature & Science ,5 ,9	2011
Kamal K. Pande, Lata Pande, Bharat Pande, A. Pujari and Pankaj Sah	Gas Chromatographic investigation of Coriandrum Sativum L. from Indian Himalayas	New York Science Journal 3(6) 43-47	2010
Lata Pande	Fast Food: A bowl of poison generation	Agrobios newsletter, 7(5),64	2008
Lata Pande	Basella Alba- Uncommon Plant	Agrobios newsletter, 6(8),32	2008
Chhavi Arya and Lata Pande	Finger Millet- Nutritive Value and its role in Agriculture Economy of	Agrobios Newsletter, 3(9)	2005

	Uttaranchal		
R.S. Raghvanshi, S. Sharma, Lata	Nutrient Profile and cooking time of improved genotypes of pigeon pea	Bulletin of Grain Technology, 33, 39-42	2000

b) Patents (start from recent publications) **(add row if required)**

Authors name	Title of the patent	Patent no (Granted or filed)	Year

c) Books (start from recent publications) **(add row if required)**

Authors name	Title of the book	Publisher	ISBN	Year

d) Book chapters (start from recent publications) **(add row if required)**

Authors name	Title of the book	Publisher	ISBN	Year
Bharat Pande, Kamal K Pande and Lata Pande	Research Trends in Pharmaceutical Sciences	SOUTH ASIAN ACADEMIC PUBLICATIONS	978-93-92153-88-4	2023
L Pande, J Joshi, C Arya	Societies, social inequalities and marginalization-marginal regions in the 21 st century	Springer International Publishing AG	ISSN 2367-002 ISSN 2367-0010 electronic	2017
Chhavi Arya and Lata Pande	Equating Gender Explorations in the Asia Pacific	Rawat Publication	987-81-316-0802-9	2016

e) Conference Publications/Proceedings (start from recent publications) **(add row if required)**

Authors name	Title of the paper	Conference name	Year

Projects (add row if required)

Title of the project	Funding agency	Amount (Rs)	Year

Teaching details (add row if required)

Name of the course/paper	Department	University	Year
HOME SCIENCE (Foods and Science, Human Development, Clothing and Textile, Extension Education, Family and Resource Management)	Department of Home Science	DSB Campus, Nainital	1989

Professional Memberships (add row if required)

Organization	Position	Year
Nutrition Society of India, Hyderabad		
Indian Dietetic Association, Calcutta		
Home Science Association of India		

Honours and Awards (add row if required)

Award	Awarding Organization	Year

Conference Presentations (add row if required)

Title of presentation	Conference name	Name of the institution	Year
Nourishing change involves accepting sustainability in the global food system	International conference on Emerging trends in STEM & Health – Agri Sciences for Sustainable Development	MIET KUMAON	2024

Society and Mental Health- COVID-19	COVID-19 Pandemic: Voice of Youth- An urgent need of psycho social support	Department of Psychology (MBPG, Haldwani) in collaboration with Uttarakhand open University and Directorate Higher Education	2020
Urban Spaces- Exploring gender, marginalization and equity in urban spaces in the Asia-pacific in Delhi	International conference	UGC-HRDC, Kumaon University, ISSR, New Delhi and UCOST, Dehradun	2017
A study of cardio-protective effect of Poly phenols- A Phytonutrients	National conference on innovation in ethno-pharmacology, recent developments in biological and chemical sciences for societal benefits		2013
Assessment of Nutritional status of girls (10-12yr) in government Primary school of Ludhiana	International conference on gender equity: issue of Theory, Practice and policy in the Asia-Pacific Region	National commission for women, New Delhi	2013
Socio economic well being and mental health profile of rural hill women of Uttarakhand	International Geographical Union (IGU) Commission conference	IGU Commission	2011

Signature of the faculty member